

Day 1 Friday 12th July 2024

9.00 am – 4.00 pm



The Accidental Counsellor -

A Solution Focused approach to listening and responding to emotional upset without burning out.

Presenter – Rocky Biasi

Rocky Biasi created the accidental counsellor in 2008 as a result of his experience as a high school teacher, school counsellor and counsellor in private practice for 20 years. He has presented the Accidental Counsellor to ten thousand people online and face to face.

The Accidental Counsellor Training is a program for people who are not qualified as clinical counsellors but often respond to emotional upset and distress because of their role.

One of the biggest challenges in the 'helping role' is facing your limits, personally and professionally. Setting appropriate boundaries is the core of helping others, in many ways.

The Accidental Counsellor Training will empower you to:

- demonstrate the connection between your self-care and how to listen and respond to help a person identify their 'next best step'.
- help people create positive change.
- help you identify warning signs and make informed referrals.
- develop advanced listening skills to help the person feel heard and understood.
- feel more confident in how to best respond to the person in need.
- increase and enhance your own well-being and that of your client. This builds resilience.
- empower the client to discover their own solutions or as I like to call it (the next best step).

As part of the Accidental Counsellor in-house training, participants are offered a 12-month subscription to the Online Accidental Counsellor Membership.

Completing The Accidental Counsellor Created by Rocky Biasi **will contribute 6 hours and 30 minutes of NSW Education Standards Authority (NESA) Accredited PD** in the priority area of Student/child Mental health addressing standard descriptors 3.3.2, 4.4.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.

Links to the Early Years Learning Framework and My Time Our Place Framework

Principles:

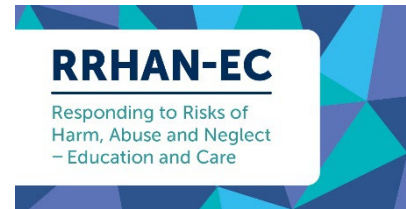
Secure, respectful and reciprocal relationships.
Partnerships.
Ongoing professional learning.

Practices:

Holistic, integrated and interconnected approaches.
Cultural responsiveness.

Day 2 Monday 15th July 2024 8.45 am – 4.00 pm

Responding to Risks of Harm, Abuse and Neglect Gowrie SA



Presenters –Jess Shaw and Jessie Jovanovic

This training is essential for all staff working with children and young people. Anyone working with or providing services for Children in South Australia is a mandated notifier. This course provides information pertaining to the Children and Young People (Safety) Act 2017 and the associated obligations as a mandated notifier.

By participating in RRHAN-EC training as a whole team we ensure we receive the information about mandatory notifications, and we understand our role working together to safeguard children and young people.

It is a requirement of Seaford District Community Children's Centre that prior to commencing *paid* or *volunteer* work that employees, students or volunteers hold a current certificate in **Responding to Risks of Harm, Abuse and Neglect - Education and Care (RRHAN-EC)** or **Safe Environments for Children and Young People - 'Through their eyes'** and that this certificate is maintained.

Yoga to Health

Presenter – Louise Wiggins

As a team we will have the opportunity to unwind and relax after our two days Professional development with a Yoga session with Louise Wiggins.

Louise has been presenting 'Yoga to Health' classes in and around Adelaide for the past 25 years.

Over the years Louise has developed a meditative, dynamic vinyasa style of practice to suit all levels of ability and all age groups. She has been greatly influenced by the rhythmic, cyclic, evolving effortlessness seen in the natural world, and sees this connectedness with nature as her greatest teacher.