



Port Noarlunga Surf Life Saving Club

Professional Development Days

Responding to risks of harm and abuse
and neglect

Understanding grief and loss in children

Positive psychology

Start Time :

8.45am for a 9.00am start

Finish Time:

4:00pm

Friday 9th July 2021

& Monday 12th July

**Seaford District
Community Children's
Centre**

**Professional
Development Training
Days**

Staff Professional Development Days

Friday 9th of July 2021 & Monday 12th of July 2021

Our **UNITED VOICE - SEAFORD DISTRICT COMMUNITY CHILDREN'S CENTRE INC COLLECTIVE AGREEMENT 2018** agreement with our Management Committee has embedded the culture of ongoing learning, professionalism and cohesion of the teams and the quality of the service.

Each year Seaford District Community Children's Centre **closes for 2 days of Professional Development** for the Long Day Care and Out of School Hour Care teams. We value these 2 days professional development days and the way they support the team and quality of our service.

We choose the first Friday and second Monday of the July school holidays each year for the closure, as this is commonly a quieter period in the year to reduce the impact on working families. There is **NO CHARGE** to families on these days. In 2020 due to COVID-19 restrictions the 2 Day Professional Development Closure did not occur however, we did offer 1 day training in a small group settings, thereby not impacting already overburdened families.

Day 1 Friday 9th July 2021

9.00am – 1.30pm

Session 1

- ***Responding to Risks of Harm Abuse and Neglect – Facilitators Gowrie SA***

SDCCC will undertake the new training that is now called 'Responding to Risks of Harm Abuse and Neglect' – Education and Care (RRHAN-EC). The change of name reflects changes to legislation and the expanded content of the new course. To work with children and young people we are required to complete regular training about child protection responsibilities as an educator.

RAN-EC training is how we make sure we all have the same information and understand our role working together to keep children and young people's safety and wellbeing at the centre of what we do. There is a set of courses available to meet the department's requirements.

Day 1 Friday 9th July 2021

2.30pm – 4.00pm

Session 2

- ***Understanding Grief and Loss in Children - Facilitators SIDS and Kids South Australia***

Understanding grief in children and adolescents is vitally important in being able to properly support them at they return to school after a death and also important for the longer-term grief journey. As such this session would still be relevant even if the loss was some time ago. The focus of the Professional Development is to enhance educator's ability to support children as they return to school after the death of a family member. This presentation is designed to enhance an educator's knowledge around this area from an organisation that specializes in grief and loss.

Day 2 Monday 12th July 2021

8.45pm – 4.00pm

- ***Positive Psychology for Educators – Facilitator Vivienne St John Robb of Viv It Up Viv it up!***

The day will include strategies to increase energy, positivity, building personal health and well-being, teamwork and valuing each team members' contribution.

It will touch on relationships and ACR (Active Constructive Responding) communication. Ways of communicating that increases active responding, rather than shutting conversations down.

5 ways to wellbeing framework - 5 simple ways of behaving that build personal wellbeing that are scientifically supported by research. Strengths in practice - link to Wellbeing, Flourishing and Resilience.

Positive psychology aims to build strengths so that we can cope better with life's challenges. Some of the strengths that positive psychology focuses on include inspiration, resilience and gratitude.

Positive psychology isn't about feeling happy all the time. It's about recognising that we all have strengths we can build on.

<https://www.viacharacter.org/> follow the link below and complete the FREE 10-minute survey on character strengths.